


ОҢТҮСТІК-ҚАЗАҚСТАН MEDISINA AKADEMIASY «Оңтүстік Қазақстан медицина академиясы» АҚ		 SOUTH KAZAKHSTAN MEDICAL ACADEMY АО «Южно-Казахстанская медицинская академия»
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Methodical recommendation for practical lessons

Discipline: Foreign language (English) A1 level

Code of discipline: FL 1103

Name of EP: 6B10115 «Medicine»

6B10117 «Dentistry»

6B10118 «Medical and preventive care»

6B10116 «Pediatrics»

6B10106 «Pharmacy»

6B07201 «Technology of pharmaceutical industry»

6B10111 «Public Health»

6B10104 «Nursing»

Credit: 150/5

Course: 1

Semester: 1


Practical lessons: 50 hours


Shymkent 2023

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This methodical recommendation for practical lessons was composed on the basis of the educational work program of discipline (syllabus) and discussed at the meeting of the department.

Protocol № 11 10.06 2024 y

The head of the department  Zhumagulova G.K.

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Level A1 Practical lesson # 1

Theme: Greeting and Introducing yourself

Grammar: *Articles: definite and indefinite articles. To be*

The aim of the class: to develop Basic User skills

The objectives of the class: to enable the learner to communicate effectively and appropriately in real life situation; to use English effectively for study purpose across the curriculum; to develop and integrate the use of the four language skills; to revise and reinforce structure already learnt.

The main issues of the topic:

Familiarity with bilingual dictionary

Awareness of communication aims

Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?”/“what does mean?”)

Names of activities e.g. reading, grammar

Vocabulary storage technique

Recognition of many phonemic symbols

Recognition of stress mark

Familiarity with using dictionary

Phonetic symbols for individual problem sounds

Methods of storing vocab - spidergrams, word maps, collocation, etc.)

Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

Individual work / oral survey/ working with texts, creating word cloud /problem solving tasks

Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

What is your name? Spelling your name.

How old are you?

When is your birthday?

Where are you from?

What is your nationality?

Where do you live?

What is your adress?

What is your telephone number?

What kind of music do you like?

What is your mother's name?


Practical lesson # 2

Theme: My family. *Family album*

Grammar: *Pronouns. Personal, Reflexive and Possessive pronouns.*

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develop and integrate the use of the four language skills; to revise and reinforce structure already learnt.

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Recognition of many phonemic symbols
Recognition of stress mark
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Phonetic symbols for individual problem sounds
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Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

How many people are in your family?
How many brothers and sisters do you have?
What’s your brother’s name?
What’s your sister’s name?
Are you an only child?
How old is your brother?
How old is your sister?
What are your parents’ names?
What do your parents do?

Practical lesson # 3

Theme: My daily routine


Grammar: *Present Simple*

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The main issues of the topic:

Familiarity with bilingual dictionary
Awareness of communication aims
Names of activities - listening, vocabulary etc.
Awareness of register - informal / formal
Accuracy vs fluency

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Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

Vocabulary storage techniques

Recognition of many phonemic symbols

Recognition of stress mark

Familiarity with using dictionary

Phonetic symbols for individual problem sounds

Methods of storing vocab - spidergrams, word maps, collocation, etc.)

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Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

What is your typical daily routine?

What time do you usually wake up?

What does your morning routine look like?

Is your morning routine different on weekends? ...

What is your post-work routine?

What is the hardest part of your daily routine?

What is the most fun part of your daily routine?

Practical lesson # 4

Theme: At the restaurant/ café. Meals

Grammar: *Countable and uncountable nouns. Singular and plural nouns*

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The main issues of the topic:

Familiarity with bilingual dictionary

Awareness of communication aims

Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

Vocabulary storage techniques


Recognition of many phonemic symbols

Recognition of stress mark

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Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/
Individual work / oral survey/ working with texts, creating word cloud /problem solving tasks

Assessment methods/technologies Answer the question, speak on the topic, auding,
working with the text, writing activities, Feedback

Control questions:

- What did you order?
- Did everything come out as ordered?
- How did you enjoy your meal?
- What was the best part of the meal?
- What was the worst part of the meal?
- Did you order alcoholic beverages?
- What did you think of your drinks?
- What did you think of the menu options?

Practical lesson # 5

Theme: My house

Grammar: *Demonstrative pronouns (there is/ are; this/that is, these/those are)*

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The main issues of the topic:

- Familiarity with bilingual dictionary
- Awareness of communication aims
- Names of activities - listening, vocabulary etc.
- Awareness of register - informal / formal
- Accuracy vs fluency
- Classroom language (e.g. “what do you call...?” / “what does mean?”)
- Names of activities e.g. reading, grammar
- Vocabulary storage techniques
- Recognition of many phonemic symbols
- Recognition of stress mark
- Familiarity with using dictionary
- Phonetic symbols for individual problem sounds
- Methods of storing vocab - spidergrams, word maps, collocation, etc.)


Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

Individual work / oral survey/ working with texts, creating word cloud /problem solving tasks

Assessment methods/technologies Answer the question, speak on the topic, auding,
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Control questions:

- Where do you live in a house or in a flat?
- Who lives with you? / Who do you live with?
- How many rooms are there in your house?

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Who are your neighbors?
 What is your favorite room in your house?
 Which room do you spend the least time in?
 Which room do you spend the most time in?

Practical lesson # 6

Theme: Leisure and hobbies. Free time

Grammar: *Adverbs of frequency*

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The main issues of the topic:

Familiarity with bilingual dictionary

Awareness of communication aims

Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

Vocabulary storage techniques

Recognition of many phonemic symbols

Recognition of stress mark

Familiarity with using dictionary

Phonetic symbols for individual problem sounds

Methods of storing vocab - spidergrams, word maps, collocation, etc.)


Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

Individual work / oral survey/ working with texts, creating word cloud /problem solving tasks

Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

What do you do in your free time?
 Do you have a lot of free time?
 Who do you usually spend your free time with?
 Do you have any hobbies?
 Are you athletic?
 How many hours a week do you exercise?
 What sports do you play regularly?
 What is your favorite winter sport?

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Practical lesson 7

Theme: Travelling

Grammar: *Conjunctions or, but, and, because, so.*

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The main issues of the topic:

Familiarity with bilingual dictionary

Awareness of communication aims

Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

Vocabulary storage techniques

Recognition of many phonemic symbols

Recognition of stress mark

Familiarity with using dictionary

Phonetic symbols for individual problem sounds

Methods of storing vocab - spidergrams, word maps, collocation, etc.)

Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

Individual work / oral survey/ working with texts, creating word cloud /problem solving tasks

Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

What kind of travelling is the cheapest?

What mean of transport is the most expensive?

What mean of transport is the fastest?

What kind of travelling people prefer?

Practical lesson 8

Theme: Wonders and sights.

Grammar: *Prepositions of place*


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Familiarity with bilingual dictionary

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Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

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Recognition of many phonemic symbols

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Assessment methods/technologies Answer the question, speak on the topic, auding,

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Control questions:

Have you ever been abroad?

How many countries have you visited?

Have you visited many touristic places in your country?

What tourist places do you like to visit?

Do you prefer visiting beaches or mountains?

Have you ever visited a European country?

Practical lesson 9

Theme: My motherland

Grammar: *Past Simple*

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The main issues of the topic:

Familiarity with bilingual dictionary

Awareness of communication aims

Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

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Assessment methods/technologies Answer the question, speak on the topic, auding,
working with the text, writing activities, Feedback

Control questions:

What is your Motherland?

What is the official language of Kazakhstan?

Where is Kazakhstan situated?

What is the official flag of your country?

What is the capital of Kazakhstan?

Name well-known sightseeings of Kazakhstan.

Practical lesson 10

Theme: Shopping

Grammar: *Numerals (cardinal, ordinal)*

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Assessment methods/technologies Answer the question, speak on the topic, auding,
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Control questions:

Do you like shopping?


Have you ever spent too much money?

What did you buy?

How long do you usually shop for?

Do you try to get your shopping done as fast as possible?

How much do you shop online?

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What kinds of things do you buy online?
 Do you prefer to shop alone or with other people?
 Who does the grocery shopping in your household?
 How often do they do it?

Practical lesson 11

Theme: Films and fiction

Grammar: *Quantifiers (much/ many, few/ little)*

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Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

What is your favorite movie?

Are there any kinds of movies you dislike?

If so, what kinds?

Do you like to watch horror movies?


Do you prefer fiction or nonfiction movies?

Do you usually watch movies at home or at a cinema?

Have you ever seen the same movie more than once?

If yes, name it (or them).

Who is your favorite actor or actress?

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Practical lesson 12

Theme: Modern Technology and computers

Grammar: *Future Simple*

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The main issues of the topic:

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Familiarity with using dictionary

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Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

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Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

What are some of the greatest technological achievements?

Have you got a computer?

If so, how often do you use it and for what purposes?

Do you think we need to know much about computers?

How effective is the use of computers in the classroom?

How computers affect our everyday life?

How will computers change the world?

Practical lesson # 13


Theme: National holiday

Grammar: *Prepositions of time*

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The main issues of the topic:

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Awareness of communication aims
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Accuracy vs fluency
Classroom language (e.g. “what do you call...?” / “what does mean?”)
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Assessment methods/technologies Answer the question, speak on the topic, auding,
working with the text, writing activities, Feedback
Control questions:
What’s your favorite holiday?
When is that holiday celebrated?
Do you celebrate that holiday with your family or with your friends?
Is gift-giving a part of that holiday?
What do you like the most about that holiday?
Is that holiday a religious activity?
What holidays do you celebrate?
What holidays do you really look forward to?

Practical lesson # 14

Theme: Protection of environment


Grammar: *Pronouns (some, any, none, no)*

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Familiarity with using dictionary

Phonetic symbols for individual problem sounds

Methods of storing vocab - spidergrams, word maps, collocation, etc.)

Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

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Assessment methods/technologies Answer the question, speak on the topic, auding,

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Control questions:

How is the environment around you? Is it clean?

Describe the most natural environment for a human being. Does your description match the environment you live in?

What kind of pollution personally bothers you most?

What kind of pollution is worst for our health?

What do you do with a piece of trash when there is no trash can near you?

Should people who litter be fined? How much money should they have to pay?

What do you do to conserve energy? For example, do you turn the lights off when you leave the room?

Practical lesson # 15

Theme: Exploring Artistic Talents: Artists, Paintings, and Actors

Grammar material: *Phrasal verbs (verb+preposition, verb+particle, verb + particle + preposition*

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The main issues of the topic:

Familiarity with bilingual dictionary

Awareness of communication aims

Names of activities - listening, vocabulary etc.

Awareness of register - informal / formal

Accuracy vs fluency

Classroom language (e.g. “what do you call...?” / “what does mean?”)

Names of activities e.g. reading, grammar

Vocabulary storage techniques

Recognition of many phonemic symbols

Recognition of stress mark

Familiarity with using dictionary

Phonetic symbols for individual problem sounds


Methods of storing vocab - spidergrams, word maps, collocation, etc.)

Methods of teaching and learning: Work in pairs// Work in small groups //Case- study/

Individual work / oral survey/ working with texts, creating word cloud /problem solving tasks

Assessment methods/technologies Answer the question, speak on the topic, auding, working with the text, writing activities, Feedback

Control questions:

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Do you consider yourself a creative person?
What other creative avenues have you explored?
How do you think one can expand ones creative mind and abilities?
Which creative people do you admire?
Do you think that there is a link between birth order (or being an only child) and creativity?


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